

TO SEE ON THE WAY...



✓ scenery:

The Vallée d'Aulps, Morzine's peaks (Pléney, Nyon), Mont-Blanc, the villages of Le Biot, Saint Jean d'Aulps and Seytroux...



✓ flora:

The tracks wind nicely through forest and lush Alpine meadows. Walkers can admire the many varieties of wild mountain flowers in bloom.



A little history...

Oratories: these were often built out of a desire to commemorate either something good (the end of a war, recovery from sickness...) or bad (epidemic, mortal fall...) or even to celebrate an episode in the life of a Saint.

The Vallée d'Aulps has at least 60 oratories, not forgetting numerous smaller shrines embedded into houses or rocks.

The oratory of "the Sacred Heart of Tacheret" is built of cut stone with a Renaissance-style surround. Inside the shrine is a statue of the Virgin Mary with the inscription "Madonna delle Rose", a Sacred Heart and another large statue of the Virgin of Lourdes.



USEFUL INFORMATION

This route follows a suggested itinerary which participants undertake at their own risk.

Before you go:



Check the weather forecast because storms happen frequently in the mountains.
Tel. Chamonix weather station: +33 (0)8 92 68 02 74



Let someone know where you are going.
Avoid walking alone.

EMERGENCY NUMBER: 112



Take water and food, warm and waterproof clothing, suitable shoes and a map showing footpaths.

During the walk:

To ensure you enjoy your walk or ride to the full, in complete safety and with total peace of mind, please observe the following guidelines:



Please be mindful of the Alpine meadows and private property. Please remember to close gates behind you and try not to disturb cattle or wild animals!
Dogs should be kept on a lead.



Out of respect for the beautiful surroundings, please stay on marked routes and take your litter home with you.



Rhône-Alpes



For more walks or to contact the Vallée d'Aulps Tourist Office, telephone: + 33 (0)4 50 79 65 09
info@valleedaulps.com - www.valleedaulps.com



Haut Thex meadows



Difficulty level: easy



Duration: 1hr30



Altitude change: 270 m



Weather guide: in fine weather



Starting point: from "les Cottets", in le Biot



Signposts: PDIPR approved



Map: IGN TOP 25, 3528 ET, Morzine

Walks in Vallée d'Aulps





Haut Thex meadows

Directions ...



Starting point: "Les Cottets"

- 1 Take the path uphill signposted to Haut Thex.
- 2 After 15 minutes or so, take the track on your right. This part of the route offers views of Seytroux on the other side of the valley and Le Biot (a little further on). There's also an oratory embedded in the rocks to look out for. Carry on up the track through the forest. You'll come out onto meadows, near a water trough.



- 3 From the water trough, take the route to the right that goes downhill through the meadow.
- 4 Continue along this open track and then through the woods before arriving back at Les Cottets hamlet. There are two oratories to spot on this section: the first is up a tree, the second (Sacred Heart of Tacheret) is a much more imposing structure.

