

TO SEE ON THE WAY...



✓ scenery:



The Vallée d'Aulps, the Jotty dam, la Baume village...

✓ fauna:

Many birds fly down to the sawmill stream to drink.

✓ culture:

Admire the traditionally built chalets with their ground floor made of local stone (for residents and animals, who lived separately), and a wooden structure above (the hayloft).



What's in a name?

“Nant”: a local Savoyard word meaning stream or river.

This is a common word often used in walking maps.

“La Scie”: meaning sawmill.

A sawmill most likely existed near La Goutreuse and was powered by a stream there.



USEFUL INFORMATION

This route follows a suggested itinerary which participants undertake at their own risk.

Before you go:

 Check the weather forecast because storms happen frequently in the mountains.
Tel. Chamonix weather station: +33 (0)8 92 68 02 74

 Let someone know where you are going.
Avoid walking alone. **EMERGENCY NUMBER: 112**

 Take water and food, warm and waterproof clothing, suitable shoes and a map showing footpaths.

During the walk:

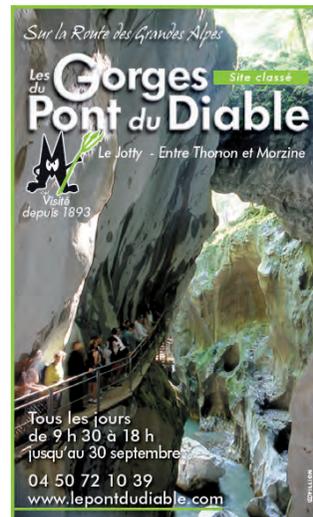
To ensure you enjoy your walk or ride to the full, in complete safety and with total peace of mind, please observe the following guidelines:

 Please be mindful of the Alpine meadows and private property. Please remember to close gates behind you and try not to disturb cattle or wild animals!
Dogs should be kept on a lead.

 Out of respect for the beautiful surroundings, please stay on marked routes and take your litter home with you.



For more walks or to contact the Vallée d'Aulps Tourist Office, telephone: + 33 (0)4 50 79 65 09
info@valleedaulps.com
www.valleedaulps.com



La Baume's sawmill stream Seytroux's "nant"



Difficulty level: very easy



Duration: La Baume stroll: 30 mins
Seytroux's nant: 1hr



Altitude change: none



Weather guide: suitable any time



Starting point: La Baume: Les Frélois car park
Seytroux: minigolf car park



Signposts: PDIPR approved



Map: IGN TOP 25, 3528 ET, Morzine

Walks in Vallée d'Aulps





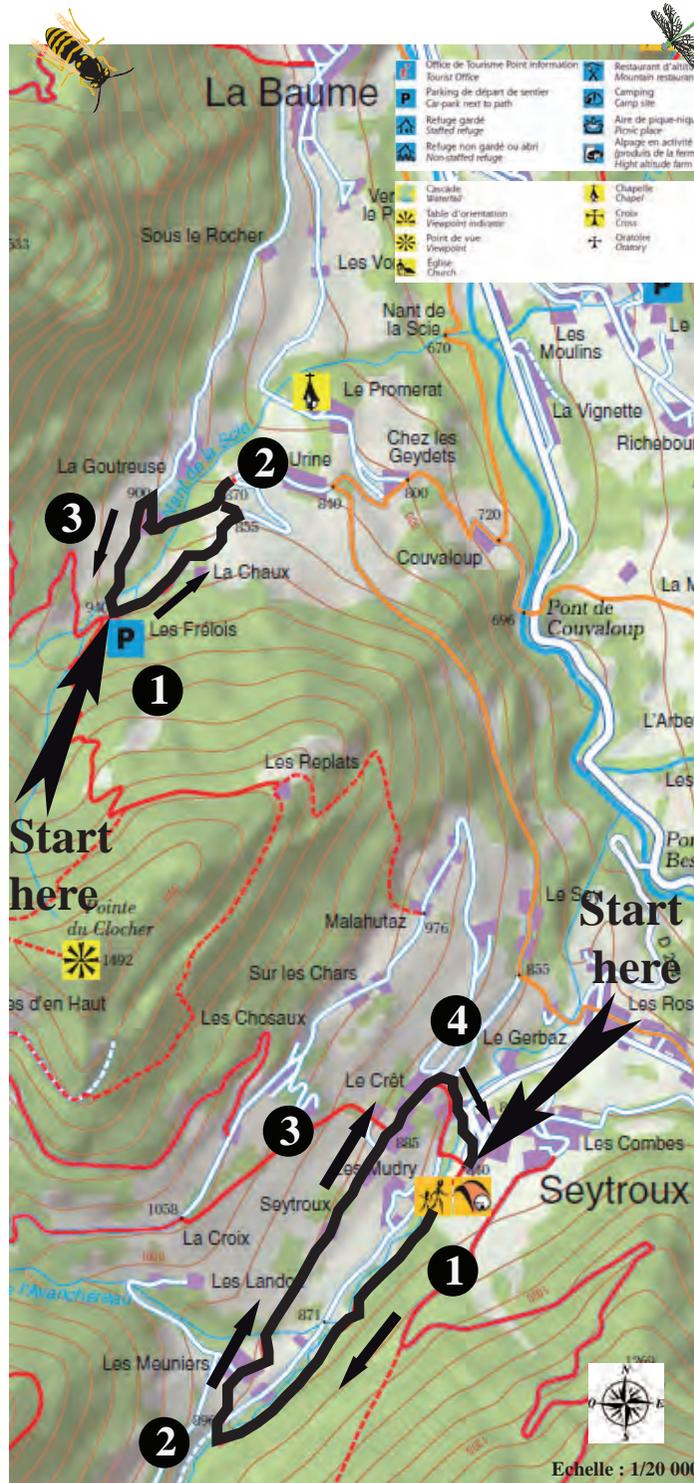
La Baume's sawmill stream

Directions ...



Starting point: les Frélois car park

- 1 Go in the direction of "la Goutreuse par le Nant de la Scie".
Turn left on the track which crosses the field and enters the forest.
- 2 The route crosses the stream (le Nant de la Scie) twice before rejoining the hamlet of La Goutreuse (900 m).
- 3 Go through the hamlet and take the road back to Frélois car park.



Seytroux's "nant"

Directions ...



Starting point: minigolf car park

- 1 From the minigolf centre car park, cross the wooden bridge and walk along the river towards Maupas.
- 2 After about 20 minutes' walk along this pleasant forest track, take the bridge over the river and continue along the road to Les Meuniers. On the way, you'll see a sawmill that's powered by the river.
- 3 Continue along the road past the hamlets of Les Landoz and Le Crêt, where there are still some traditional mountain chalets to admire.
- 4 After the hamlet of Le Crêt, take the track that crosses the meadow to the right and then rejoin the road that will take you back to the minigolf.

