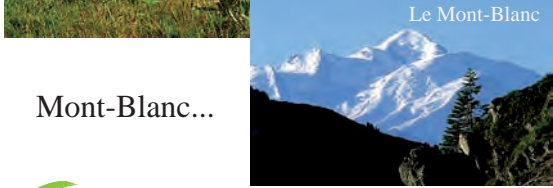


TO SEE ON THE WAY...



✓ scenery:



The Aravis mountains and its highest peak: the "Pointe Percée"...

Mont-Blanc...

✓ flora:

This woodland track also winds nicely through lush Alpine meadows at Encrenaz pass. Riders are treated to a classic Alpine floral display with Hellebores taking pride of place.

✓ fauna:

Cows from the Abondance breed graze happily here, along with other breeds.



What's in a name?

"Char des Quais": "char" means "little walkway" and "quais" denotes plants from the dock family (which look like spinach).



"Pâquis": denotes a meadow or prairie.

"L'Encrenaz": gap, notch or in other words, a pass.



USEFUL INFORMATION

This route follows a suggested itinerary which participants undertake at their own risk.

Before you go:



Check the weather forecast because storms happen frequently in the mountains.
Tel. Chamonix weather station: +33 (0)8 92 68 02 74



Let someone know where you are going.
Avoid walking alone.

EMERGENCY NUMBER: 112



Take water and food, warm and waterproof clothing, suitable shoes and a map showing footpaths.

During the ride:

To ensure you enjoy your walk or ride to the full, in complete safety and with total peace of mind, please observe the following guidelines:



Please be mindful of the Alpine meadows and private property. Please remember to close gates behind you and try not to disturb cattle or wild animals!
Dogs should be kept on a lead.



Out of respect for the beautiful surroundings, please stay on marked routes and take your litter home with you.



Rhône-Alpes



For more walks or to contact the Vallée d'Aulps Tourist Office, telephone: + 33 (0)4 50 79 65 09

info@valleedaulps.com - www.valleedaulps.com



Char des Quais MTB tour



Difficulty level: easy
(blue signposts)



Duration: 1hr



Altitude change: 300 m



Weather guide: in fine weather



Starting point: col de l'Encrenaz car park, above la Côte d'Arbroz village



Signposts: PDIPR approved



MTB signposts



Map: Portes du Soleil MTB handbook

MTB in Vallée d'Aulps





Char des Quais MTB tour

Directions ...



Starting point: Col de l'Encrenaz car park

- 1** From the col de l'Encrenaz (1433 m), which is the only place to find drinking water on the circuit, follow the pathway behind the cafe and head towards le col de la Basse (1636 m) for a magnificent mountain panorama. This climb goes through Alpine meadows.
- 2** From the col de la Basse, head down towards Les Praz and once you reach a signpost for Les Pâquis (1475 m), take the track to the right.
- 3** After a short climb, this pathway descends through Alpine meadows and back to the col de l'Encrenaz.

Detour

Take the detour below from col de la Basse to reach the top of the Char des Quais on foot.

- D** At the col de la Basse, strong walkers can climb to the top of Char des Quais (1677 m), by crossing the Alpine meadows on the right of the col de la Basse. The views are stunning, with panoramas of Mont-Blanc and the Aravis mountain range your reward!

